

Choose A Massage School That's Right for You!

CLASS SIZE What is the maximum class size?

Class size is critical in schooling, even more so in a technical skill training program like massage therapy. The smaller the class, the more attention you get. More attention means more time for questions, more time for observation, and more time for one-on-one mentoring. That way, you learn more quickly & easily. This builds confidence all the way through your training program.

MORE FOR YOUR DOLLARS What does my tuition buy? Are there hidden costs?

It's important to know what is included in the program costs and what expenses you should plan for that are not included. Hidden costs can be a jolt to your budget when attending school as well as afterwards when you get ready to work. Some schools actually pay those extra costs so you don't have to. This is a sign the school cares about you even after you graduate.

QUALITY EDUCATION Is the school accredited? Through what agency?

National accreditation means the school has successfully undergone a professional and thorough independent evaluation. If the accrediting agency is duly recognized by the US Department of Education, then the school may offer federal loans & grants to students who qualify.

How do "Gainful Employment Disclosure" stats compare?

Schools that disclose achievement in student retention, license exam pass rates, and job placement provide valuable info on past student statistics. Ask for their most up to date rates & compare which school has the best student achievement ratios.

CHOICE COURSES Does the school offer an outstanding choice of coursework?

A broad base of coursework is highly beneficial, giving you exposure to as many modalities as your clients and employers could possibly want. This goes a long way in increasing your marketability and helping you get the job you want.

Does the School offer Advanced Coursework?

The massage field is growing at a rate much faster than average. Having knowledge & skills in advanced modalities can help you become a top earner in the industry. Ask the school about advanced programs and how that coursework can benefit your career.

LOAN AVAILABILITY What payment plans or loan monies are available to me?

Some schools have no loan monies available. Still others have federal student aid, but refuse to carry in-house loans or aid for those in financial need. A good school should offer as many methods of payment as possible to assist prospective students. This could include federal grants & loans for those who qualify, in-house payment plans, and even work-study assistance in rare cases of financial hardship.

YOUR OWN CRITERIA Before turning the next page, take a moment and ask yourself, "What do I want to see in the massage school I'm going to attend?"

- | | | | |
|----------------------------------|--|---|---|
| I want class size that's: | <input type="checkbox"/> small (8-15 students) | <input type="checkbox"/> medium (16-30) | <input type="checkbox"/> large (30-60+) |
| I want free: | <input type="checkbox"/> sheets, book bag, uniforms, holster | <input type="checkbox"/> exams & licensure | <input type="checkbox"/> professional liability insurance |
| I want a school that's: | <input type="checkbox"/> institutionally accredited | <input type="checkbox"/> excellent education | <input type="checkbox"/> friendly & accessible |
| I want a school with: | <input type="checkbox"/> best choice of courses | <input type="checkbox"/> most marketable skills | <input type="checkbox"/> quality mentoring |
| I want: | <input type="checkbox"/> FSA loans | <input type="checkbox"/> 0% interest in-house loans | <input type="checkbox"/> in-house work-study assistance |

Salt Lake City Campus

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Fax 801-350-0119

363 S. 500 E. Ste. #210

Salt Lake City, Utah 84102

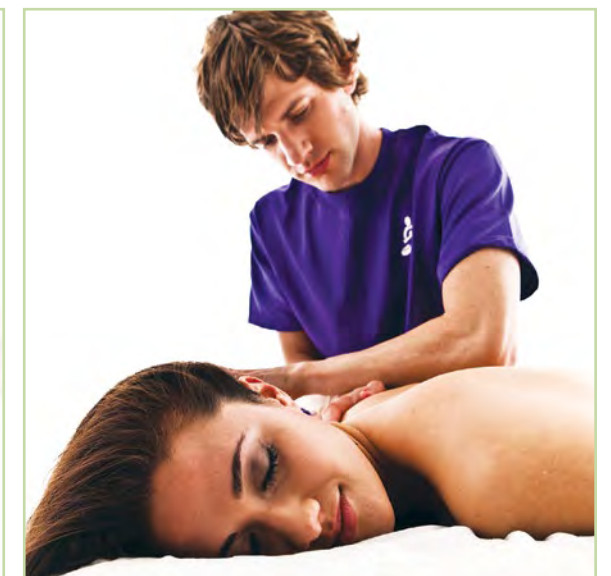
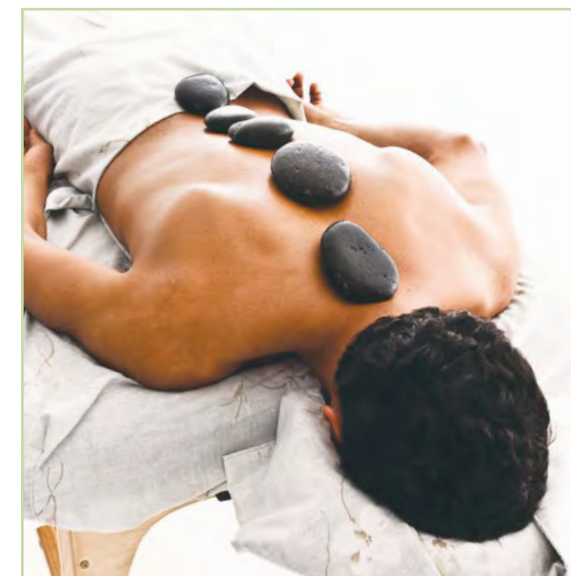
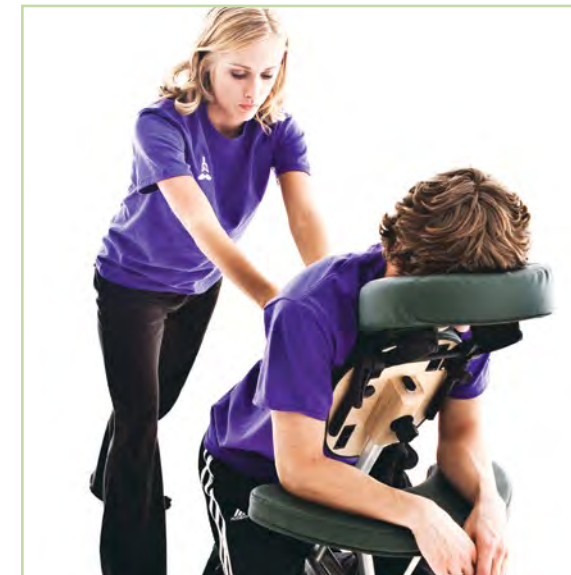
Orem Campus

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Orem, Utah 84097



Healing Mountain's goal is to provide the best quality education in massage & the healing arts in a warm personalized environment, conducive to each student's growth via their integration of body, mind, & spirit.

General / Price Comparison



GENERAL CONSIDERATIONS

Use this space to compare other programs to ours.

Maximum Class Size ¹	8-15			
Student/Teacher Ratio ¹	between 4-7 to 1			
Core Program Hours	900			
Transfer Credit from other schools	last 24 Months			
Advanced Certification Program ²	1200-hr Holistic Health Practitioner			
Length of Core Program	8 & 10 months			
Programs Offered	morning & evening			

ACCREDITATION / APPROVALS

Institutionally Accredited	✓			
US Dept of Education Approval	✓			
Offers Government Financial Assistance	✓			
Pell Grants	✓			
Direct Loans	✓			
Plus Loans	✓			
VA & Voc Rehab	✓			
In-House Work-Study Financial Assistance	✓			
In-House Zero Interest Payments	✓			
Job / Career Placement Assistance	✓			

900-hr PROGRAM COSTS

TOTAL COST	\$14,500			
Registration Fee	\$100			
Tuition	\$12,525			
Books	\$750			
Lab fees	\$375			
Shiatsu / Thai Yoga Massage Mat	\$250			
Massage Table Package	\$500			
includes:	table, deluxe headrest,			
	sleek carry case &			
	big fluffy bolster			

FREE TO STUDENTS ^{\$782 value}

Clinic Uniform ³	Two FREE (\$25 value)			
Tote & Laundry Bag ³	FREE (\$12 value)			
Massage Sheet Sets ³	Four FREE (\$60 value)			
Holster, Bottle, & 1 Gallon of Lotion ³	FREE (\$75 value)			
Water Bottle & 4G Thumb Drive ³	FREE (\$20 value)			
ABMP Exam Coach & Student Membership	FREE (\$150 value)			
ABMP Liability Insurance & Membership ⁴	One Year FREE (\$75 value)			
MBLEx fee ⁵	FREE (\$265 value)			
State Licensing fee ⁴	FREE (up to \$100 value)			
Career Assistance for Life	FREE (beyond price)			

¹ For hands-on classes ² Currently only offered at Salt Lake City Campus for \$19,250 ³ To qualify students must take and complete the entire program

⁴ Student must successfully complete their enrolled program on-time to qualify ⁵ Student must successfully complete their enrolled program within 150% mark to qualify

Core Curriculum Comparison



WESTERN MASSAGE MODALITIES

Use this space to compare other programs to ours.

Swedish Massage	✓			
Zen Massage	✓			
Sports Massage (<i>pre/post event & rehabilitative</i>)	✓			
Advanced Integrative Therapies:	✓			
Myofascial release techniques	✓			
Deep Tissue	✓			
Trigger Point Therapy	✓			
Prenatal Massage	✓			
Lymph Drainage Massage, Introduction to	✓			

ASIAN / ENERGETIC HEALING MODELS

Japanese Shiatsu	✓			
Reflexology	✓			
Craniosacral Therapy	✓			
Seated Chair Massage	✓			
Reiki / Energy work (<i>Tibetan Hands on Healing</i>)	✓			
Crystal Healing / Chakra Balancing	✓			
Thai Yoga Massage	✓			
Energetic Anatomy	✓			

HEALTH SCIENCES

Anatomy, Physiology & Kinesiology	✓			
Applied Anatomy for bodyworkers	✓			
Aromatherapy	✓			
Universal/Standard Precautions	✓			
Hydrotherapy:	✓			
Spa Training	✓			
Medical & Pathological Terminology	✓			
Pathology	✓			
Kinesiology, Assessment & Application of	✓			
First Aid / CPR Training	✓			
Cadaver Labs (<i>2 visits</i>)	✓			

BUSINESS and PROFESSIONALISM

Business Basics for Massage Practitioners	✓			
Sales & Marketing	✓			
Communication & Interview Techniques	✓			
Ethics of Touch	✓			
Ethics & the Law	✓			
Student Experiential Massage & Spa Practicum	✓			
Intermediate Clinical Applications	✓			
Continued Clinical Applications (<i>free elective</i>)	✓			
Licensing Exam Preparatory	✓			

² H.H.P. Program (*in addition to the 900 core M.T. hours*) includes; Holistic Nutrition; Holistic Aromatherapy; Beginning Herbalism; Sound Healing; Reiki Level II; Professional Communication; Perinatal Care; Geriatric Health & Wellness; Ayurveda; Lomi Lomi; Myofascial Release; Intro to Structural Integration; Advanced Clinical Applications (+300 hours for an additional \$4,750).