

CAMPUS SAFETY REPORT, PROCEDURES & POLICIES 2023

Healing Mountain Massage School – SALT LAKE CAMPUS (2022 data)

Please read this entire document carefully regarding the school’s campus crime report as well as crime reporting procedures and policies. It’s content and distribution throughout the year is in compliance with US Department of Education requirements (34 CFR §668.46) both via email handouts and prominent postings to students, and by email handouts to faculty and staff.

I. CRIME REPORT

Criminal Offenses — On-Campus//Public Property	2020	2021	2022
• Murder/non-negligent manslaughter	0	0	0
• Negligent manslaughter	0	0	0
• Rape	0	0	0
• Fondling	0	0	1†
• Incest	0	0	0
• Statutory Rape	0	0	0
• Robbery	0	0	0
• Aggravated Assault	0	0	0
• Burglary	0	0	0
• Motor Vehicle Theft	0	0	0
• Arson	0	0	0

† The charges were dropped and there were no arrests, therefore is was unfounded.

Hate Offenses — On-Campus//Public Property	2020	2021	2022
• Murder/non-negligent manslaughter	0	0	0
• Rape	0	0	0
• Fondling	0	0	0
• Incest	0	0	0
• Statutory Rape	0	0	0
• Robbery	0	0	0
• Aggravated Assault	0	0	0
• Burglary	0	0	0
• Motor Vehicle Theft	0	0	0
• Arson	0	0	0
• Simple assault	0	0	0
• Larceny-theft	0	0	0
• Intimidation	0	0	0
• Destruction/damage/vandalism of property	0	0	0

(†race; ††religion; †††sexual orientation, †gender, ††gender identity, †††disability, §ethnicity, §§national origin)

VAWA Offenses — On-Campus//Public Property	2020	2021	2022
• Domestic Violence	0	0	0
• Dating Violence	0	0	0
• Stalking	0	0	0

ARRESTS — On-Campus//Public Property	2020	2021	2022
• Weapons; Carrying; Possessing, etc.....	0	0	0
• Drug Abuse Violations.....	0	0	2††
• Liquor Law Violations.....	0	0	0

†† drug possession off campus adjoining public property

DISCIPLINARY ACTIONS — On-Campus//Public Property	2020	2021	2022
• Weapons; Carrying; Possessing, etc.	0	0	0
• Drug Abuse Violations	0	0	0
• Liquor Law Violations	0	0	0

UNFOUNDED Crimes — On-Campus/non-Campus/Public Property	0	0	1†
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* It is noted that students should report such occurrences to the clinic coordinator first, who call the school’s Title IX Coordinator(s), will then interview all parties involved, determine if a crime may have occurred, and notify police accordingly.

CAMPUS SAFETY REPORT, PROCEDURES & POLICIES 2023

Healing Mountain Massage School – OREM CAMPUS (2022 data)

Please read this entire document carefully regarding the school’s campus crime report as well as crime reporting procedures and policies. It’s content and distribution throughout the year is in compliance with US Department of Education requirements (34 CFR §668.46) both via email handouts and prominent postings to students, and by email handouts to faculty and staff.

I. CRIME REPORT

Criminal Offenses — On-Campus//Public Property	2020	2021	2022
• Murder/non-negligent manslaughter	0	0	0
• Negligent manslaughter	0	0	0
• Rape	0	0	0
• Fondling	0	0	0
• Incest	0	0	0
• Statutory Rape	0	0	0
• Robbery	0	0	0
• Aggravated Assault	0	0	0
• Burglary	0	0	0
• Motor Vehicle Theft	0	0	0
• Arson	0	0	0
Hate Offenses — On-Campus//Public Property			
• Murder/non-negligent manslaughter	0	0	0
• Rape	0	0	0
• Fondling	0	0	0
• Incest	0	0	0
• Statutory Rape	0	0	0
• Robbery	0	0	0
• Aggravated Assault	0	0	0
• Burglary	0	0	0
• Motor Vehicle Theft	0	0	0
• Arson	0	0	0
• Simple assault	0	0	0
• Larceny-theft	0	0	0
• Intimidation	0	0	0
• Destruction/damage/vandalism of property	0	0	0
<i>(†race; ††religion; †††sexual orientation, ‡gender, ‡‡gender identity, ‡‡‡disability, §ethnicity, §§national origin)</i>			
VAWA Offenses — On-Campus//Public Property			
• Domestic Violence	0	0	0
• Dating Violence	0	0	0
• Stalking	0	0	0
ARRESTS — On-Campus//Public Property			
• Weapons; Carrying; Possessing, etc.....	0	0	0
• Drug Abuse Violations.....	0	0	0
• Liquor Law Violations.....	0	0	0
DISCIPLINARY ACTIONS — On-Campus//Public Property			
• Weapons; Carrying; Possessing, etc.	0	0	0
• Drug Abuse Violations	0	0	0
• Liquor Law Violations	0	0	0
UNFOUNDED Crimes — On-Campus/non-Campus/Public Property	0	0	0

* It is noted that students should report such occurrences to the clinic coordinator first, who call the school’s Title IX Coordinator(s), will then interview all parties involved, determine if a crime may have occurred, and notify police accordingly.

II. LIFE-THREATENING EMERGENCIES

In the event of any on-campus life-threatening emergencies, we recommend that students, faculty, staff, and/or clientele call 911 immediately and notify a school administrator as quickly as possible afterwards. Most staff are CPR and 1st Aid trained and can assist.

III. CRIMES / OFFENSES

We encourage all students, faculty, staff, and others — including clinic clientele — to report any occurrence of crime which has occurred at our campus to one of the school administrators designated “**responsible employees**” as quickly as possible who will notify the local police department as soon as it has been determined a crime may have been committed. These are:

Utah Capitol SALT LAKE CAMPUS—

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|----|-------------------------|----------------------------|--------------|----------------------------|
| 1. | Jesse Nikola, President | (Chief of Campus Security) | 801-597-7886 | jesse@healingmountain.edu |
| 2. | Daniel Fisher | (Spa Director) | 801-884-3524 | daniel@healingmountain.edu |
| 3. | Jeremy Kellum | (Title IX Coordinator) | 601-329-9204 | jeremy@healingmountain.edu |

Central Utah OREM CAMPUS—

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|----|-------------------------|----------------------------|--------------|------------------------------|
| 1. | Jesse Nikola, President | (Chief of Campus Security) | 801-597-7886 | jesse@healingmountain.edu |
| 2. | Brynnley Pyne | (Campus Director) | 801-888-7729 | brynnley@healingmountain.edu |
| 3. | Jeremy Kellum | (Title IX Coordinator) | 601-329-9204 | jeremy@healingmountain.edu |

For any of the crimes listed on page 1, it is our policy to take such action as specified below:

- The administrative staff listed above will listen to each case seriously and determine the appropriate action including; notifying local law enforcement agencies, if not already notified, as we have no campus security personnel.
- Secondly, we will take administrative action against any student, client, faculty or staff member if the crime was committed by one of these parties; whether on campus, adjacent property to campus, or elsewhere (probation/dismissal depending on the severity of the crime).
- Next, if the crime was committed by someone outside of this school against one of our students, clients, faculty, or staff members on campus, we recommend that the individual contact a school administrator (listed above) so that we can notify or encourage the individual to notify the local authorities to take action against the individual(s) (as the situation warrants) to keep our campus safe and secure for all.
- If the crime was committed by someone outside of this school against one of our students, clients, faculty, or staff members elsewhere off campus, we recommend that the individual contact the local authorities to take action against the individual(s), and a school administrator to keep our campus safe and secure for all to enjoy.
- Finally, we will report to students, faculty, and staff such occurrences no later than 48 hours after we are notified.

We believe our campus locations are safe and have had relatively minor past occurrences of crime.

Utah Capitol SALT LAKE CAMPUS:

We have covered parking behind Elevate on Fifth Apts. for 12 staffers, up to 12 spaces west of KFC drive thru for students and LMTs as well as an open parking lot surrounding the school bldg. for clientele and visitors. Our security has a 24-hour night vision surveillance system that monitors entrances, exits and several other security-sensitive areas on campus.

We take security at our campus seriously, yet it is an open office building with access to other tenants and the public during normal business hours, which are MON-FRI 8:00 AM to 10:00 PM. After hours security includes the east doors are magnetically locked MON-FRI 10:00 PM until 7:45 AM the next day of business. Weekend hours will find the main doors open from 9:00 AM to 9:00 PM Saturdays and Sundays; closed holidays. Before and/or after normal business hours students & staff may relocate their vehicles to the open parking area adjacent the school building.

Central Utah OREM CAMPUS:

We have a large parking lot in front of the building for guests, clients, students and staff. Our security has 24-hour night vision surveillance system that monitors entrances, exits and several other security-sensitive areas on campus. We have lighting in our parking lots for safety, at a shared expense between the school and building owner.

We take security at our campus seriously. Normal business hours are MON-FRI 8:00 AM to 9:00 PM or 10:00 PM on class nights. After hours security includes locked front and back doors. Weekend hours will find the main doors open from 9:00 AM to 9:00 PM Saturdays, while Sundays and holidays the building is closed unless clinic is open on those days.

Drugs, Alcohol, Firearms Policy

HMMS does not tolerate the possession, use, and sale of alcoholic beverages, and illegal drugs or firearms on its campus, and will take action as outlined above against those who are participating in such activities.

Sexual assault offenses will be handled as outlined above as well.

If any student has questions regarding HMMS' policies, procedures, etc. either outlined or that we haven't outlined above, please feel free to talk to a school administrator.

IV. PROGRAMS TO INFORM & EDUCATE

Four times each year - during class orientation - which occurs on the first day of school, a school administrator reviews not only the school orientation packet, but the Annual Security Report, Reporting Procedures & Policies to each and every student enrolled in school going through orientation. Employees and faculty are encouraged to attend.

During this orientation review of the Annual Security Report, Reporting Procedures & Policies, the school will inform and educate students on the Campus Crime Stats from the most recent several years in all categories, which are collected from local police departments and reported to the US Department of Education. We also review procedures on how to report and handle life-threatening emergencies, and crimes that could occur on campus or against our students, faculty or staff off campus as well.

Healing Mountain affirms to students during orientation that it does not tolerate smoking nor the possession, usage, and/or sale of alcoholic beverages and illegal drugs, misused/abused prescription medications or firearms on its campus, and it will take action as outlined on page 2 against those who are participating in such activities.

V. DRUG / ALCOHOL OFFENSES & PREVENTION

Drug and Alcohol Abuse Prevention Program — DAAPP

The Drug-Free Schools and Communities Act (DFSCA) and Part 86 of the US Department of Education's General Administrative Regulations require institutions of higher education — which includes Healing Mountain Massage School — to certify they have developed and implemented a program to prevent unlawful possession, use, and distribution of illicit drugs and alcohol abuse on campus and at school-recognized events and activities.

1. First and foremost, **Healing Mountain is a drug-free, alcohol-free, and firearm-free zone.** As such, drugs, alcohol, and firearms are not allowed on campus, which includes: campus buildings, classrooms, clinic, and parking lots approved by the school. The school clearly prohibits the unlawful possession, use, and distribution of illicit drugs and alcohol by students and employees on campus and as part of any of its school-recognized events and activities off campus.
2. **Healing Mountain distributes its DAAPP policy to students during orientation** on their first day of class, and to employees in its employee handbook.
3. **A description of health risks** associated with using illicit drugs and alcohol can be found at: <https://www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/addiction-health>. If a student or employee would like a hard copy printout of this information, please ask your respective campus director: Jeremy Kellum for the SLC Campus, or Michelle Hutchens for the Orem Campus.
4. Generally speaking, **drug possession of a schedule i or ii substance or marijuana is considered a 3rd degree felony** punishable by up to 5 years in prison and \$5,000 in fines under Utah Controlled Substances Act (58-37-8). This Act prohibits the production, manufacturing, or possession with intent to distribute/dispense illegal drugs and illegal prescription substances. **Possession with intent to distribute/dispense schedule i or ii substances like cocaine, heroin, LSD, GABA, methamphetamines, crack, or opium is considered a 2nd degree felony** punishable up to 15 years in prison and \$10,000 fine. **if this is not a first offense, the charge can be elevated to a 1st degree felony** punishable from 5 years to life in prison and \$10,000 in fines.
5. Because Healing Mountain does not have drug/alcohol counseling, treatment, or rehabilitation facilities on campus, **we strongly urge any student or employee struggling with such addictions to contact the local agencies listed below by campus.**
6. To students, faculty and staff: **Healing Mountain does not tolerate** the possession, usage, and/or distribution or sale of alcoholic beverages, illegal drugs or misused/abused prescription medications on its campus, or any school recognized events or activities off campus. As such, **the school will take necessary action** as follows:
 - Administrative staff will listen to each case seriously and determine the appropriate action, **which may include probation or dismissal**; depending on the severity of the offense and notifying local law enforcement agencies.

- Additionally, students, faculty and staff on probation or dismissed **must provide evidence of successful completion of a 12-step drug or alcohol program** prior to being considered for re-entrance into the school’s program or employment.
7. **Twice each year, Healing Mountain’s Advisory Board reviews and measures the effectiveness of its DAAPP** to ensure it consistently enforces applicable drug and alcohol statutes, ordinances, and institutional policies against students and employees found to be in violation. The reviews will take place during the 1st and 4th quarter Advisory Board meetings.
 8. After each bi-annual review, **the school prepares a report of its findings and maintains these reports plus any supporting documents for DOE review upon request.**

In conclusion, Healing Mountain Massage School certifies and attests that its DAAPP policy is distributed during student orientation of each cohort as well as upon company employment. It understands that monitoring and enforcement of its DAAPP biennially ensures compliance with the Drug-Free Schools and Communities Act.

HELP LINES — Northern Utah SALT LAKE CAMPUS:

- Alcoholics Anonymous 801-484-7871 80 W Louise Avenue, South SL, UT 84115 www.saltlakeaa.org
- Narcotics Anonymous 801-296-4044
- Sexaholics Anonymous 801-261-2772
- Drug information hotline 801-799-3784

Central Utah OREM CAMPUS:

- Alcoholics Anonymous 801-375-8620 420 N. Freedom Blvd, Suite 6, Provo, UT
- Narcotics Anonymous 801-810-4081 Call for meeting times & places
- Sexaholics Anonymous 301-744-8440 350 East Center Street sautahretreats.com
- Drug information hotline 801-799-3784

Additionally, we have listed below other various listings of helplines:

- Natl. Domestic Violence Hotline 800-799-SAFE (7233)
- UT Domestic Violence Coalition 800-896-LINK (5465)
- Pregnancy Resource Center 801-363-5433 644 South 900 East, SLC
- Rape Recovery Center 801-467-7273 or nationally 888-421-1100
- Battered Women’s Shelter 801-537-8600
- UT Child Abuse & Neglect hotline 855-323-DCFS (3237)
- Baby your Baby hotline 800-826-9662
- Child Abuse hotline 800-678-9399
- Poison Control 800-222-1222
- Runaway hotline 800-786-2929
- Suicide Prevention 435-867-7654
- Tobacco Quitline 888-567-8788

VI. SEXUAL MISCONDUCT POLICY (in compliance with Violence Against Women Act 2014)

Introduction and scope of Policy

Healing Mountain does not tolerate sexual misconduct, discrimination/harassment, sexual inappropriateness in touch/massage, domestic violence, dating violence, sexual assault or stalking with the least degree of allowance. Students – even with mutual consent – are not to date or participate in intimate relationships with fellow classmates, teachers, staff or clinic clientele; regardless of whether these dual relationships occur on or off campus. Such behavior is not only a dismissible offense, but may very well be illegal activity which will be reported to the local authorities. While currently enrolled in Healing Mountain, students will maintain appropriate boundaries and relationships with classmates, instructors, staff and clinic clientele.

Anyone experiencing sexual harassment, inappropriateness in touch/massage should contact a school official immediately. Those experiencing sexual assault or rape should contact the local police department first and school officials afterwards. If the student needs assistance notifying the local authorities, they may obtain such assistance from the Title IX Coordinator or other Responsible Employees.

Sexual Abuse Education Information / Program

1. What Constitutes sexual Misconduct — definitions of offenses:

- **Gender-Based Harassment.** Unwelcome conduct of a nonsexual nature based on an individual’s actual or perceived sex (gender), including conduct based on gender identity, gender expression, and nonconformity with gender stereotypes.
- **Sexual Exploitation.** Occurs when a person takes sexual advantage of another person for the benefit of anyone other than that person without the person’s consent. Examples include: Prostituting another person. Recording video, photo,

audio of another person's sexual activity, intimate body parts or nakedness without their consent. Distributing video, photo, audio of another person's sexual activity, intimate body parts or nakedness without their consent. Viewing another person's sexual activity, intimate body parts, or nakedness in a place of expected privacy without their consent, and for purposes of arousing or gratifying sexual desire.

- **Sexual Harassment.** Unwelcome conduct – verbal or physical behavior – of a sexual nature, aimed at a particular person or group of people; especially in the workplace or in academic or other institutional settings, that is actionable, as in tort or under equal-opportunity statutes. Once stereotyped as involving pressure brought by one in authority (e.g., an employer, teacher, supervisor, etc.) on someone in an inferior or subordinate position, with the aim of obtaining sexual favors, harassment is now recognized as also involving behavior that creates an environment unfriendly to its targets. Thus, sexually suggestive or explicit behavior by fellow employees may be designed to make an environment difficult for individuals. This may include: Unwelcome sexual advances. Requests for sexual favors. Verbal or non-verbal conduct of sexual nature including: Rape, sexual assault, and sexual exploitation.
- **76-5-402. Rape.** A person commits rape when the actor has sexual intercourse with another person without the victim's consent. Statutory rape is based on the age of the victim, as defined under Consent, below.
- **76-5-404. Forcible Sexual Abuse.** A person commits forcible sexual abuse if the victim is 14 years of age or older and, under circumstances not amounting to rape, object rape, sodomy, or attempted rape or sodomy, the actor touches the anus, buttocks, or any part of the genitals of another, or touches the breast of a female, or otherwise takes indecent liberties with another or with the intent to arouse or gratify the sexual desire of any person, without the consent of the other, regardless of the gender of any participant.
- **76-5-405. Aggravated Sexual Assault.** A person commits aggravated sexual assault if in the course of a rape, object rape, forcible sodomy, or forcible sexual abuse, the actor uses a weapon, causes serious bodily injury, threatens (death, kidnapping or serious bodily injury), aided or abetted by 1 or more persons.
- **76-5-106.5. Stalking.** "Course of conduct" The actor commits two or more of the following acts which are directed at or toward a specific person, which includes: follows, monitors, observes, photographs, surveils, threatens, or communicates to or about a person, or interferes with a person's property or work/place of employment
- **78B-7-402. "Dating violence":**
 - a) Any criminal offense involving violence or physical harm, or threat of violence or physical harm, when committed by a person against a dating partner of the person;
 - b) Any attempt, conspiracy, or solicitation by a person to commit a criminal offense involving violence or physical harm against a dating partner of the person.
- **77-36-1."Domestic violence"** or "domestic violence offense" means any criminal offense involving violence or physical harm or threat of violence or physical harm, or any attempt, conspiracy, or solicitation to commit a criminal offense involving violence or physical harm, when committed by one cohabitant against another.

Definition of consent, with reference to sexual offenses:

- **Consent** – Must be informed, voluntary, and mutual, and can be withdrawn at any time. There is no consent when there is force, expressed or implied, or when coercion, intimidation, threats, or duress is used. Silence, absence of resistance or past consent to sexual activity does not imply consent. If a person is mentally or physically incapacitated or impaired, including due to drug or alcohol use, so that such person cannot understand the nature or extent of the sexual situation, there is no consent.
- The Utah Age of Consent is 18 years old. In the United States, the age of consent is the minimum age at which an individual is considered legally old enough to consent to participation in sexual activity. Individuals aged 17 or younger in Utah are not legally able to consent to sexual activity, and such activity may result in prosecution for statutory rape.
- Utah statutory rape law is violated when a person has consensual sexual intercourse with an individual under age 18. Close in age exemptions allow teens aged 16 and 17 to consent to partners less than 7 years older, and partners between 7 and 10 years older if they had no reasonable knowledge of the minor's age.

Healing Mountain encourages victims of sexual violence to talk to somebody about what happened so victims can get the support they need, and so the school can respond appropriately.

Confidential communication can be found on campus in the form of our Victim Advocate. The Victim Advocate can offer support and assistance without triggering a formal school investigation that could reveal the victim's identity or that the victim has disclosed the incident. However, they are required to report that an incident occurred to the Title IX Coordinator for campus

security reporting purposes. There are no pastoral or professional counselors on campus, however, victim resources are available should a student need to contact other agencies such as the rape crisis center or counseling services.

Salt Lake Campus Victim Advocate:	Dea Giokas	(801) 252-9849
Orem Campus Victim Advocate:	Markelle Jensen	(801) 930-0532

Reports about sexual violence or other crimes may be provided informally and in confidence to Healing Mountain's **Title IX Coordinator**, who will make every attempt to maintain privacy of the information in accordance with the victim's request and FERPA regulations unless the school is under an obligation to disclose identities to protect the safety of others. You will be informed if the school cannot maintain the requested confidentiality of information.

School Title IX Coordinator:	Jeremy Kellum	(601) 329-9204
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Some employees are required to report all the details of an incident, including the identities of both the victim and the alleged perpetrator, to the Title IX Coordinator. These are Responsible Employees. At Healing Mountain, all faculty and staff outside of the Victim Advocate are considered Responsible Employees. Confiding in a Responsible Employee constitutes an official report to the school and generally obligates the school to investigate the incident and take appropriate steps to address the situation. Before a victim reveals any information to a responsible employee, that employee should ensure that the victim understands the employee's reporting obligations – and if the victim wants to maintain confidentiality, direct the victim to the Victim's Advocate or other confidential resources.

Although the school encourages victims to talk to someone, if the victim would prefer to report an incident anonymously, Healing Mountain suggests slipping a note under the door of a Responsible Employee.

Healing Mountain strongly encourages victims of sexual violence who do not want to report the incident to police, or file a complaint using the school's institutional procedures, to report the incident to the Victim Advocate voluntarily and on a confidential basis solely to permit the inclusion of that information in Healing Mountain's annual crime statistics. With such information, the school can keep an accurate record of the number of similar incidents, determine if there is a pattern of crime with regard to location, method or assailant and alert the campus community to potential danger. Healing Mountain will make best efforts to maintain the privacy of that information and to comply with FERPA.

Healing Mountain is required to, and will, keep the identity of victims of sexual violence private in any public report of Clery Act crimes, to the extent permissible by law. Reporting to the institution will also enable the victim to receive protective measures. At the victim's request, Healing Mountain will maintain as confidential any protective measures provided to the victim, to the extent that making such information confidential does not impair the ability of the institution to provide those protective measures. The victim will be informed if providing protective measures may reveal the identity of the victim.

2. What Conduct Constitutes a Hostile Environment —

- **A hostile environment exists** when sex-based harassment is sufficiently serious to deny or limit the individual's ability to participate in or benefit from educational programs and/or business activities. It can be created by anyone involved in said programs or activities (*e.g., administrators, faculty, students, staff, and campus visitors*). The school considers the conduct in question from both a subjective and objective perspective in determining when sex-based harassment has created a hostile environment.
- To determine if a hostile environment exists for a person, the school considers a variety of factors related to:
 - a) Persistence
 - b) Severity
 - c) Pervasiveness
- This includes:
 - a) Type, Frequency, and Duration of Conduct
 - b) Identity & Relationships of Persons Involved
 - c) Number of Individuals Involved
 - d) Location & Context in which Conduct Occurred
 - e) Degree Conduct Affected Person(s) Involved

3. "Safe and Positive" options for bystander intervention an individual may take to prevent harm or intervene:

Bystanders are individuals who observe violence or witness the conditions that perpetuate violence. They are not directly involved but have the choice to intervene, speak up, or do something about it. They are someone who is present and thus potentially in position to discourage, prevent, or interrupt an incident. Bystander intervention occurs when one or more people step-in to try to stop a harmful event.

The important thing is to speak up and express your concerns. However, if the situation is unsafe, it's best not to intervene alone. Call 911 or find others to help. When someone witnesses a situation and does not take action, that inaction affects both the attacker and the person being attacked. Our inaction also sends a message to other bystanders; it helps create a climate of apathy. If we want to stop sexual violence, we all have an obligation to ourselves, our friends, and our community to maintain a healthy and safe environment.

4. How to recognize the signs of abusive behavior and how to avoid potential attacks:

A healthy relationship has clear communication, trust, respect, and honesty. A healthy relationship should make you feel good about yourself. Some signs of an unhealthy relationship include having a partner who puts you down or lies frequently; tries to control, threaten, or intimidate you; gets angry when you want to talk about the relationship; or generally doesn't want to communicate or listen.

An unhealthy relationship can quickly turn into dating violence if you miss the signs and don't draw the line with a potentially abusive partner. While you can never completely protect yourself from sexual assault and other violent crimes, you can take steps to reduce your risk of being victimized. Walking in groups, trusting your instincts, avoiding dangerous situations, avoiding excessive drinking; these are some tips to help minimize your risk. But safety is also a community responsibility. For instance, if you're walking to your car alone, ask someone else in your class that is parked in the lot to walk with you. At Healing Mountain, it's not just about how to be safe, it's also about how to work together to keep the campus community safe.

5. Sanctions & Protective Measures

Following a final determination of Healing Mountain's institutional disciplinary proceeding regarding domestic violence, dating violence, sexual assault, or stalking, Healing Mountain may impose the following sanctions on the perpetrator and protective measures for the complainant:

Sanctions — that may be imposed by the school include, but are not limited to:

- Written warning;
- Mandatory counseling;
- Mandatory education and training;
- No contact or restraining order;
- Changes in academic or clinic arrangements
- Revocation of certain campus privileges
- Suspension
- Dismissal

Healing Mountain has flexibility in the type and range of sanctions to impose on the perpetrator depending on the severity of the incident, but has a process in place to ensure that sanctions imposed are consistent with sanctions imposed in past incidents of similar conduct and are not imposed unequally based on gender or gender identity.

Protective Measures — the school may utilize to protect the complainant include, but are not limited to:

- An order of protection, no contact order, restraining order or similar lawful order from the institution;
- Changes to the working, academic or clinic situations;
- Providing increased monitoring, supervision or security at locations or activities where the misconduct occurred;
- Providing as escort to ensure that the complainant can move safely between classes and activities;
- Ensuring the complainant and perpetrator do not share classes or activities;
- Providing resources for comprehensive, holistic, victim services including medical, counseling as well as academic support services like tutoring; or
- Arranging for the complainant to have extra time to complete or re-take a class or withdraw from a class without an academic or financial penalty.

When determining what protective measures to establish, Healing Mountain will consider a number of factors including the specific needs and requests expressed by the complainant; the age of the students involved; the severity or pervasiveness of the conduct; and continuing effects on the complainant; whether the complainant and alleged perpetrator share the same cohort, clinic shift or class time; and whether other judicial measures have been taken to protect the complainant (*i.e. Civil protection orders*).

6. Victim Procedures

If you are a victim of sexual violence, your first priority should be to get to a place of safety. You should obtain any necessary medical treatment as quickly as possible as time is a critical factor for evidence collection and preservation.

Healing Mountain strongly advocates that the victim of sexual violence report the incident to the police in a timely manner and, if requested to do so by the victim, the school's Title IX Coordinator will assist the victim in contacting the police. Filing a police

report will not obligate the victim to prosecute, nor will it subject the victim to scrutiny or judgmental opinions from officers. The victim has the right at all times to decline to notify police of the incident.

Procedures for Disciplinary Action in Cases of Sexual Violence

Healing Mountain's Title IX Coordinator is primarily responsible for receiving, evaluating, and investigating allegations of sexual violence, including alleged domestic violence, dating violence, sexual assault, and stalking. He/she receives annual training on the issues related to domestic violence, dating violence, sexual assault and stalking as well as how to conduct an investigation and hearing process that protects the safety of victims and promotes accountability. The Title IX Coordinator is responsible for ensuring that any disciplinary proceeding involving an allegation of sexual violence is conducted promptly, fairly, and impartially and in accordance with these procedures. No officer, employee or agent of Healing Mountain shall retaliate, threaten, coerce, or otherwise discriminate against any individual for exercising their rights or responsibilities under any provision of this subsection.

Once a report of sexual violence has been received, the Title IX Coordinator will follow these steps:

- Immediately access whether the information in the report warrants a timely warning, and, if so, will contact the School Director.
- Inform the victim of his/her right to interim measures during the pendency of an investigation of the alleged sexual violence, including obtaining an order of protection, a no contact order, restraining order or similar lawful order from the police. Healing Mountain's obligation is to protect the identity of the victim in any Clery Act report or other publicly available recordkeeping, as well as keep any interim measures provided to the victim confidential, to the extent that maintaining such confidentiality would not impair the ability of the school to provide the accommodation or protective measure.
- Provide to the individual making the report of an alleged sex offense, within 24 hours of receipt of the report:
 - a) A copy of these procedures;
 - b) Information on counseling, victim advocacy, legal assistant services, student financial aid or other applicable services available at the school or in the community;
 - c) Information on the victim's right to report the incident to local police and the fact that the school's investigation and disciplinary procedure and any criminal proceeding may occur simultaneously; and
 - d) Options to facilitate changes to transportation, working, academic, or additional protective measures, if requested, while the investigation is pending, even if the victim chooses not to report the crime to the police.
- Investigate the incident by interviewing: the individual filing the report, the accused, school employees, witnesses, and others necessary to gather facts about the alleged incident.
- Ensure that all individuals involved in the disciplinary procedure apply a "preponderance of evidence" standard when evaluating sexual violence reports.
- Maintain regular communications with both the accuser and accused and provide both parties with equal opportunity to provide information, witness statements, evidence and other information that may be necessary for the school to fully evaluate the alleged offense.
- Barring extenuating circumstance, complete the investigation, draft an investigative report of all relevant information, and make available for a 10-day review and comment by accused and accuser (and advisors) before becoming final, after which no new evidence can be submitted.
- The complainant may consider an informal resolution at any point prior to a hearing. If there is no informal resolution, the school moves to a formal resolution process by conducting live hearing.
- Each party identifies their advisor who can be an attorney, or the school appoints one for them. A decision maker oversees the hearing and both parties can ask questions of each other and witnesses through their advisors. This can be in person or virtually.
- After the hearing, a determination of responsibility is made based upon relevant information present at the hearing. Sanctions are assigned if respondent is found responsible and remedies are issued to the complainant by the Title IX Coordinator. The outcome is then shared with both parties.
- Under limited circumstances a party may appeal the findings and/or sanctions. This process is reviewed by the decision maker and a final determination is made.

7. Sexual Counseling / Assistance

As we do not have any sexual-abuse education programs in place at the current time, we encourage students who are having difficulties in these areas to seek help. Below are some listings for various helplines:

ALL SCHOOL CAMPUSES:

- Rape Crisis & Recovery Center 801-467-7282 2035 South 1300 East, SLC, UT 84105
- Rape & Sexual Assault Hotline 888-421-1100
- Intermountain Specialized Abuse Treatment Center 801-268-4454
3089 So. West Temple, South Salt Lake, UT 84115
- Sex & Marital Therapy Clinic..... 801-581-5741 University Health Care
- Suicide Prevention Crisis Center..... 801-261-1442
Valley Mental Health 3933 S. 400 E., Murray, UT 84107

LGBTQ+ RESOURCES:

- The Trevor Project Helpline 866-488-7386 (*provides crisis intervention and suicide prevention services*)
- FORGE forge-forward.org 414.559.2123. (*provides support, education and advocates for rights & lives of TG*)
- The Northwest Network 206-586-7777. (*working to end violence/abuse by building equitable relationships*)

ADDITIONAL RESOURCES: www.211ut.org

VII. SEX OFFENDER REGISTRY

In accordance with the Violent Crime Control and Law Enforcement Act of 1994 (42 USC §14071(j)), concerning registered sex offenders, Healing Mountain School is required by the US Department of Education to advise it's campus community (students, faculty, and staff) where this information may be obtained. For those wanting to check on sex offenders in the area, they may go to the internet:

www.fbi.gov/hq/cid/cac/registry.htm

For those wishing to know of their own accord whether crimes have occurred for any address, they may visit: www.crimereports.com

VIII. FIRE SAFETY REPORT

The Health Education Act of 1965 — HEA — fire safety regulations (34 CFR 668.49) **apply only to institutions with on-campus student housing facilities** and focus exclusively on those facilities. Considering the US Department of Education — USDOE — requires a fire safety report for on-campus student housing, and Healing Mountain Massage School has no on-campus student housing at any of its campuses, we are not required to submit such a report.

HEALING MOUNTAIN MASSAGE SCHOOL

Consumer Information and Disclosures 2024

CATALOG

Healing Mountain Massage School's Catalog is available to request on our website and can be obtained in hard copy at either campus of the school along with any updated addenda. The catalog is your primary source of information about the school of your choosing.

PROGRAMS

The names of associations, agencies, and/or governmental bodies that accredit, approve, or license the school and its programs can be found on page 4 of our catalog.

Students, prospective students, and other interested parties who wish to review the licensure, accreditation, or approvals may contact the school director.

Programs

Healing Mountain Massage School offers two programs, each being a blend of on campus and online courses:

1. **900-hour Massage Therapy** – Certificate program offered morning 36-weeks, Monday through Friday from 8:00 am to 12:00 pm starting in mid-January and again in mid-July each year. These are 8-month programs. It is also offered evening 44-weeks, Monday, Wednesday, and Friday from 6:00 pm to 10:00 pm starting in late September each year, and again on Tuesday, Thursday, and Saturday from 6:00 pm to 10:00 pm starting in early April each year. These are 10-month programs; approximately.
2. **1200-hour Holistic Health Practitioner** – Diploma program offered in an accelerated morning 50-week program; and an evening 64-week program at our SLC campus only.

Online Coursework

Since our Learning Management System (LMS) runs on the Internet, students can access the system with PC, laptop, tablet or smart phone with WIFI capability; either on Apple or Android platforms. For students who do not have access to the above-mentioned equipment, they may use computers in the school's Learning Resource Center.

Healing Mountain reserves the right to make certain changes in books, faculty, facilities, program length, scheduled classes, times and tuition. There are no plans to raise tuition or cost of attendance in the 2024-2025 academic reporting year.

Faculty

Our Catalog provides a list of the school staff and faculty as does our website. If you should have any questions, please contact the school to obtain the most recent update of this information.

No Clinical Articulation Agreements

Healing Mountain does not participate in externships as part of its vocational program. Hands-on practice outside the classroom occurs within the safety of the schools on campus massage clinic & day spa as letter grade courses entitled Student Experiential Practicum I, II, and Intermediate Clinical Applications.

Vaccinations

Since massage therapy is not a program dealing with hazardous or infectious materials, students and faculty are not required to have a Hepatitis B vaccination.

Voter Registration

Students are encouraged to register to vote. The following web link is listed here for your convenience:

<https://www.sss.gov/Registration-Info>

Transfer of Credit Policy (in accordance with 34 CFR§668.43(a) (11))

Healing Mountain only accepts credit or clock hours from massage schools with curricula, which at the time the student attended, were registered/listed/in accordance with the Utah Department of Commerce (R156-47b-302.1.a), or were accredited by an agency officially recognized by the US Department of Education. Transfer of credit into our 900-hour Massage program will be considered on a case-by-case basis.

Licensed massage therapists may transfer into our 1200-hour Holistic Health Practitioner program on a case-by-case basis also. Requests for transfer of credit need to be accompanied by official transcripts of courses listing clock or contact hours, letter grades, and a catalog describing the individual course content. All material must be mailed directly to Healing Mountain from the transferring school. All transferred coursework is for the purpose of graduating from our 900-hour Massage Therapy or 1200-

hour Holistic Health Practitioner programs. As part of this policy, transfer students will also need to prove proficiency in specific hands-on modalities as part of the transfer process.

Transfer of Credit to Other Institutions from Healing Mountain

Because policies regarding transferability of credits and hours vary considerably from school to school, Healing Mountain cannot make any representation whatsoever regarding transfer or acceptance of our credits or hours to any other institution. You should assume that hours you earn in our programs, in most cases, will not be transferable to any other college or university, nor will they serve as a basis for obtaining a higher-level degree at another college or university.

ATB Student Enrollment - Not Available

Healing Mountain does not provide matriculation for “ability-to-benefit” students.

GED Program - Not Available

Healing Mountain does not offer a GED program.

ESL (*English as a Second Language*) Program - Not Available

Healing Mountain does not offer an ESL program.

Incarcerated Student Enrollment - Not Available

Healing Mountain does not provide matriculation for currently incarcerated students as it may interfere with the ability to get licensed as a massage practitioner in Utah as well as other states.

Felony Student Enrollment - Not Available

A criminal record may very well jeopardize a graduate’s eligibility for state licensure and therefore employment; thus, Healing Mountain does not generally accept applicants who have been convicted of a felony. However, please see or speak to an admissions representative for further information or see page 3 (*Good Moral Character – Disqualifying Convictions*) on the web link: <https://dopl.utah.gov/laws/R156-47b.pdf>

Athletic Programs - Not available

Healing Mountain Massage School does not offer or participate in athletic programs.

Professional Associate, Bachelor, Graduate Programs - Not Available

Healing Mountain does not offer graduate level Associate or Bachelor programs; though our 1200-hour Holistic Health Practitioner Diploma program maintains academic rigors similar to an AOS.

Advanced Placement - Not Available

Healing Mountain does not provide matriculation for advanced placement, although its 1200-hour Holistic Health Practitioner program may open opportunities not available to massage graduates.

FACILITIES

Facilities and Services Available to Students with Disabilities

Reasonable accommodations will be made for qualified students with disabilities in compliance with the law. Our campuses are wheelchair accessible. We encourage prospective students to contact the Campus Director at the location they want to attend to inquire about specific accommodations.

On-Campus Housing - Not Available

Healing Mountain does not provide on-campus housing. The requirements for an on-campus housing fire log, fire safety report, and missing person notification policy are not applicable. There are, however, ample off campus housing as our Salt Lake and Orem campuses are located near University of Utah, UVU & BYU, respectively.

DISCLOSURES

Certain program specific disclosures to consumers are required by the US Department of Education, our accrediting agency – ABHES.org – and individual State agencies to be available for each program on the main page of the school’s website; to include but not limited to O-Net occupational codes, on-time completion rates, placement rates, completer’s median debt, and detailed school costs.

Required Gainful Employment Program Disclosures

Gainful Employment Disclosure Templates are no longer required by the US Dept. of Education; however, Healing Mountain still provides gainful disclosure information to all prospective students.

The US government provides a website called [College Navigator](#) to allow prospective students to review information about all schools. To see Healing Mountain Massage School's information, please see the web link on Healing Mountain's website: www.healingmountain.edu

For information about the career path of your choice you may wish to visit the [O-Net](#) website to view the Standard Occupational Classification (*SOC*) codes provided by the U.S. Department of Labor. To see information about massage or holistic health practitioner, please click visit www.onetonline.org or search 31-9011; and CIP 51.3306.

For information about the career path of your choice you may wish to visit the [National Center for Education Statistics](#) website (*NCES*) to view the Classification of Instructional Programs (*CIP*) codes from the Integrated Postsecondary Education Data System (IPEDS).

To see CIP Code information regarding Massage Therapy, please click on the web link below:

<https://nces.ed.gov/ipeds/cipcode/cipdetail.aspx?v=55&cipid=87830>

For CIP Code information regarding Holistic Health, please click on the web link below:

<https://nces.ed.gov/ipeds/cipcode/cipdetail.aspx?v=55&cip=51.3306>

Retention Rates

The Retention Rate is a rate of those students who remained in or graduated from a program against the number of students in a program between July 1st of one year and June 30th of the next year. Healing Mountain Massage School reports its Retention Rates to its accrediting agency (*ABHES*) annually every December. For the period July 1, 2022 through June 30, 2023, Healing Mountain Retention/Completion Rates:

- SLC campus: MT = 95%, HHP = 56%; Orem campus = 89%

Placement Rates

By law, Healing Mountain Massage School cannot guarantee jobs. Our Career Services office assists graduates in obtaining employment in the fields for which they are trained. This placement service is available to all Healing Mountain graduates at no additional charge. We offer course-work on interview skills, resume writing and other job search techniques as part of our core curriculum. We also assist our graduates in networking with employers in their field and provide guidance for those graduates seeking self-employment. The Placement Rate is a rate of those graduates from a program who entered employment in the field related to their training against the number of graduates from a program between July 1st of one year and June 30th of the next year. Healing Mountain reports Placement Rates to its accrediting agency annually every October.

For the period July 1, 2022 through June 30, 2023, Healing Mountain Placement Rates are:

- SLC campus: MT = 90%, HHP = 82%; Orem campus = 90%

School Costs

Institutional charges are the amounts charged to the student for attending school. Healing Mountain Massage School's catalog contains the current cost for our massage program. It is also listed on our website. Cost of attendance (*COA*) for the 900-hour Massage Therapy program is \$14,500, which includes the cost for tuition, books, equipment, and supplies for your entire program. The cost of attendance (*COA*) for the 1200-hour Holistic health Practitioner program is \$19,250, which includes the cost for tuition, books, equipment, and supplies for your entire program.

On-Time Graduation Benefits

When a student successfully completes either our 900-hour Massage Therapy or 1200-hour Holistic Health Practitioner program from school on time, we pay for the graduate's unlimited practice exams (*\$75 through ABMP Exam Coach*), MBLEx licensing exam fee (*\$265*), \$100 toward their state massage license, one year of professional liability insurance required by most employers (*\$75 value*) and one year of professional membership with ABMP (*\$199 value*).

Institutional Charges

In addition to the institutional charges, students should plan for their cost of living and transportation while attending school. The student would want to consider room and board, transportation, personal expenses, etc. when making their decision to attend school.

Other Charges

Since all courses need a passing grade to graduate, when students fail a course, they need to pay to retake that course; regardless of whether the course is offered on campus in the classroom, in a distance format, or in the student massage clinic. The cost for retaking a course is \$20 per hour, to audit a course is \$12 per hour plus books and applicable lab fees (*retaking a clinic course is no charge as the school recoups costs by charging clientele*). There will be an additional cost should the student wish to upgrade their massage table or shiatsu mat from those items' standard in the cost of attendance. There is no charge to Healing Mountain students who graduate from our 900-hour Massage Therapy program to transfer into the 1200-hour Holistic health Practitioner program should they wish to continue after graduation.

Cost of Attending

Healing Mountain does not have a bookstore, but does sell some items needed while attending school, like sheets, lotions, holsters, clinic uniforms, etc. Ask front desk staff for assistance.

Books

As part of a student's program costs, Healing Mountain Massage School will provide the student with the books required for their program as each course begins, to avoid extra costs should the student need to withdraw at any time during their program.

Some of the books are from major publishers, while other books or student manuals are self-published by our teachers. Students have the option of purchasing those major publications direct from the publishing company or other bookstore or online source; however, self-published books from the school's teachers can only be purchased through the school.

Books purchased from an outside source must be the exact books and same editions as those indicated on the book list. Students must have their books by the first day of class. Students will not be required to purchase any new editions that come out during their program; however, it is the responsibility of the student to contact the publisher to make certain that the editions they purchase are the exact editions required by the school.

900-hour Massage Therapy program book list:

- Human Anatomy, Mark Nielsen
Kendall/Hunt
ISBN 978-1465272690
\$187.13 USD Suggested Retail
- Essential Oils for Beginners
Althea Press
ISBN 1623152399
\$9.99 USD Sug. Retail
- Business Basics Handbook
not publisheded
No isbn
\$0.00 FREE
- An Introduction to Craniosacral Therapy,
Don Cohen
North Atlantic Books
ISBN 978-1556431838
\$24.95 USD Suggested Retail
- Crystal Healing/Chakra Balancing, Handouts
Healing Mountain Massage School
No isbn
\$0.00 FREE
- Purple folder for crystal class handouts
\$1.00 USD at cost
- The Subtle Body Encyclopedia
Sounds True
ISBN 978-1591796718
\$44.99 USD Suggested Retail
- Creatures of Water: Hydro & Spa Therapy
RJ Nikola, LMT
Europa Publishing, 6th Edition (2015)
ISBN 978-0-9659007-0-6
\$32.95 USD Suggested Retail
- Trail Guide to Movement
Books of Discovery
ISBN 978-0998785059
\$55.95 USD Suggested Retail
- Lymph Drainage Massage, Margie Leystra
Soul Light Path
No isbn
\$30.00 USD Suggested Retail
- Massage Therapy Handouts,
(revision 2021)
no isbn
\$5.00 USD at cost
- 1" white binder for massage 1
\$4.00 USD Suggested Retail
- Job's Body, Deann Juhan
Barrytown/Staon Hill Press, 3 sub Edition (2003)
ISBN 978-1581770995
\$39.95 USD Suggested Retail
- Concise Book of Trigger Points, Simeon Niel-Asher
Lotus Publishing 2nd edition
ISBN 9781583948491
\$29.95 USD Suggested Retail
- A Massage Therapists Guide to Pathology
Ruth Werner, LWW
ISBN 978-1496310828
\$85.95 USD Suggested Retail
- Reflexology Manual, Pauline Wills
Healing Arts Press, 1st edition
ISBN 978-089281547-0
\$19.95 USD Suggested Retail

- Reiki Shoden-First Teaching, Margie Leystra
Soul Light Path - No ISBN
\$25.00 USD Suggested Retail

- Japanese Full-Body Shiatsu, RJ Nikola, LMT
Europa Publishing 8th Edition (2016)
ISBN 978-0965900013
\$32.95 USD Suggested Retail

- Prenatal Massage, Elaine Stillerman
Mosby Elsevier
ISBN 978-0323042536
\$66.95 USD Suggested Retail

- Sports & Exercise Massage, Sandy Fritz
Mosby Elsevier
ISBN 978-0323083829
\$65.99 USD Suggested Retail

- Thai Step By Step Massage, N. Smith
Southwater (edition 2017)
ISBN 978-1780191652
\$16.99 USD Suggested Retail

Suggested Retail Price	\$779.64
<i>Utah Sales Tax</i>	\$ 60.42
Total Cost for Books	\$840.06
Total Cost to Students	\$840.00

1200-hour Holistic Health Practitioner program book list:

(Includes entire book list on previous page, plus books listed on this page)

- The Everyday Ayurveda Guide to Self-Care
John Douillard
North Atlantic Books (2004)
ISBN: 978-1611806519
\$29.95 USD Suggested Retail

- The Ultimate Guide to Aromatherapy
Laurissa Jones
Evergreen (2001)
ISBN: 978-1631598975
\$14.89 USD Suggested Retail

- Reiki II, Margie Leystra
Soul Light (2016)
No isbn
\$30.00 USD Suggested Retail

- Comfort Touch: Nurturing Acupressure
Mary Kathleen Rose
Comfort Touch.com (2022)
No isbn
\$45.00 USD Suggested Retail

- Holistic Nutrition: Eat Well, Train Smart and Be Kind to Your Body, Elson M Haas/Phyllis Balch
Celestial Arts (2006)
ISBN: 978-1925048704
\$40.00 USD Suggested Retail

- The Herbal Apothecary
JJ Pursell
Timber Press (2016)
ISBN: 978-11925048704
\$24.95

- Encyclopedia of Herbal Medicine
Andrew Chevallier
DK, Penguin Random House (2016)
ISBN: 978-1465449818
\$40.00 USD Suggested Retail

- Hawaiian Lomi Lomi Big Island Massage
Nancy Kahelewai
IM Publishing (2005)
ISBN: 978-0967725321
\$18.95 USD Suggested Retail

- Anatomy Trains (4th edition)
Tom Myers
Elsivier (2014)
ISBN: 978-0702046544
\$76.95 USD Suggested Retail

- Infant Massage, a handbook for loving parents (4th edition), Elain Stillerman
Bantam (2017)
ISBN: 978-1101965948
\$20.00 USD Suggested Retail

- How to Heal with Singing Bowls (2nd edition)
Sentient Publications (2013)
ISBN: 978-1591812302
\$15.95 USD Suggested Retail

Suggested Retail Price	\$356.64
<i>Utah Sales Tax</i>	\$ 27.64
Total Cost for Books	\$384.28
Total Cost to Students	\$385.00

Net Price Calculator

Healing Mountain provides a Net Price Calculator on our website for prospective students to estimate individual net price for our schooling. Just click on the web link below: <https://healingmountain.edu/tuition>

Median Loan Debt

The median or average loan debt on federal student loans for students attending Healing Mountain Massage School for the 2021-2022 award year was \$7,123; as recorded on the USDOE's NCES College Navigator website.

FINANCIAL AID

Students, potential students, and parents are encouraged to contact the school's Financial Aid Office during normal business hours for further assistance regarding consumer information as it relates to student financial aid.

Financial Aid Contact Information

For additional financial aid information for either campus, call 1-800-407-3251, extension 3.

Financial Aid Types

The need-based and non-need-based federal financial aid (*Title IV Funds*) that is available to students through Healing Mountain Massage School is as follows:

The Federal Pell Grant is a program for undergraduate *students (those who have not earned a first Bachelor degree)*, and demonstrate the greatest financial need. Award amounts are based on a student's expected family contribution (*EFC*), as determined by the U.S. Department of Education.

Federal Direct Subsidized Loans are made to students who demonstrate financial need. Interest payments can be deferred while the borrower is in school, but is added to the principal of the loan (capitalized) when repayment begins. Borrowers can choose to pay interest while in school, or periods of deferment, to avoid capitalization.

Federal Direct Unsubsidized Loans are not awarded on the basis of financial need, and borrowers are responsible for all interest. Interest payments can be deferred while the borrower is in school, but is added to the principal of the loan (capitalized) when repayment begins. Borrowers can choose to pay interest while in school, or periods of deferment, to avoid capitalization. These loans are also available to dependent students whose parent is unable to borrow the Federal PLUS loan.

Federal Parent Loan for Undergraduate Student (*FPLUS*) Loans are available for parents borrowing for the education of dependent students. Parents can borrow up to the total Cost of Attendance, minus any other aid received by the student. Unlike Direct loans, PLUS borrowers are generally required to pass a credit check.

State and Local Programs

The need-based and non-need based state and local aid programs, school aid programs, and other private aid programs that are available are the following: Utah Office of Vocational Rehabilitation, and Workforce Services. The prospective student may want to talk with their local office prior to applying for school.

Currently, Healing Mountain Massage School is approved for processing VA Loans for schooling. For additional questions regarding VA Program eligibility, call the Veterans Administration at 1-888-GIBILL1.

Study Abroad programs are not available.

Financial Aid Application

At the time of enrollment, students are encouraged to meet with a Financial Aid Advisor. This meeting is to determine the eligibility for financial aid options and to create a financial aid package for funding the student's education. The Financial Aid Office is prepared to assist with the various grant and loan forms; and to guide the student through the entire process of funding his/her education.

Student Financial Aid Eligibility

A participant in federal financial aid programs must:

- Be enrolled as a full-time student in an eligible program of study;
- Have a high school diploma or equivalent;
- Be a U.S. citizen or national, or an eligible non-citizen with a valid Social Security Number.
- Non-citizens are required to verify eligibility by providing documentation to the Financial Aid Office;
- Have financial need (except for some loan programs) as determined by the need-analysis system approved by the Department of Education at: <https://fafsa.gov>

- Not be in default on a student loan;
- Not be in an overpayment status with the Department of Education;
- Maintain Satisfactory Academic Progress;
- Provide the necessary documentation to complete the verification process, if necessary;
- Be registered for the Selective Service if a male 18 years or older, or provide written documentation of mitigating circumstances.

Determining Student Need

Financial need equals the difference between the stated costs of attending school, less the resources available to the student.

Loan Repayment / Entrance Counseling / Exit Counseling

Students that receive federal loans are required to complete Entrance Counseling prior to disbursement of loan funds. Students that receive federal loans are required to complete Exit Counseling within 30 days of their last date of attendance.

Loan repayment is scheduled to begin 6 months following the student's last date of attendance. Scheduled payments are determined by the lender. Following notification by the school that the student is no longer in attendance, the lender will notify the student of the scheduled payments at the last address of record.

Distribution of Aid among Students

Federal Pell Grants and Direct Loans are available to all students who complete the Free Application for Federal Student Aid (*FAFSA*) in a timely manner, and meet the eligibility requirements as determined by the Department of Education at:

<https://fafsa.gov>

Priority is given to those students eligible to receive the Federal Pell Grant as determined by the Department of Education. State Grants are also based on need. Students must be eligible for the Federal Pell Grant and meet additional State Residency requirements.

Student Rights / Responsibilities

Each student borrower of federal funds has the following rights:

- To written information on loan obligations;
- To a grace period, and an explanation of what this means;
- To a disclosure statement, received before the beginning of the repayment of loans, that includes information about interest rates, fees, the balance owed and number of payments;
- To deferment of repayment for certain defined periods, if the borrower qualifies and requests this from the lender;
- To forbearance, if the borrower qualifies and requests this from the lender;
- To prepayment of their loan, in whole or in part, any time without penalty;
- To a copy of the promissory note, either before, or at the time of disbursement;
- To documentation that the loan(s) are paid in full.

Each student borrower of federal funds has the following responsibilities:

- To complete Entrance Counseling prior to the disbursement of loan funds;
- To complete Exit Counseling before leaving school, or dropping below half-time enrollment;
- To repay loan(s) even if they do not complete the program, is dissatisfied with the education received, or unable to find employment after graduation;
- To notify the school and lender of any change of address, name change, or change in enrollment status;
- To make scheduled payments on their loan(s) unless a deferment or a forbearance has been approved by the lender.

Consequences of Defaulting on a Student Loan:

Tax refunds may be used to repay your defaulted loan. Wages could be garnished. You may be obligated for incurred legal fees and collection costs. Your default will be reported to all credit bureaus. You may no longer be eligible for Federal Student Aid in the future.

Loan Terms, Fees, and Limits

Direct Subsidized Loans for undergraduates with a first disbursement date between July 1, 2023 and July 1, 2024: 5.50%

Direct Unsubsidized Loans for undergraduates with a first disbursement date between July 1, 2023 and July 1, 2024: 5.50%

Direct PLUS Loans: 8.05%

The Department of Education establishes annual and aggregate limits for the federal loans. Stafford loan limits vary depending on whether you are determined dependent or independent by the U.S. Department of Education.

The total amount of Direct loans, including both subsidized and unsubsidized, that under-graduates can borrow is \$31,000 for dependent students, and \$57,500 for independent students. Subsidized loans can be no more than \$23,000 of this aggregate amount. The limits vary for each academic year, and are dependent on the length of the program.

Disbursement of Aid

Federal Direct Stafford Loans are normally disbursed in two equal disbursements for the loan period. Disbursements are made based upon each student's start date, the successful completion of courses, and the student's satisfactory academic progress. Loan funds are paid directly to your student account.

You will be required to approve each disbursement at the time of disbursement. Cancellation of all or part of the loan disbursement must be made through the Financial Aid Office at the school. If the funds create a credit balance, the excess funds will be refunded within 14 days.

Note: You must complete Entrance Counseling prior to the disbursement of any loans.

Demographics / FA Usage / Enrollment Diversity

Healing Mountain Massage School (SLC) - 900 Day Cohort			
Cohort of Students enrolled: 07/01/2022 to 06/30/2023	% Enrolled	% Using Loans	% Using Pell
Total Number of students : 23			82%
24 and under		39%	44%
25-34		43%	90%
35-44		9%	100%
45-54		9%	100%
55 and over		0%	0%
Black or African American		0%	0%
Hispanics of any Race		22%	80%
Caucasian		70%	57%
Asian		8%	100%
Female		87%	74%
Male		13%	67%

Healing Mountain Massage School (SLC) - 900 Evening Cohort			
Cohort of Students enrolled: 07/01/2022 to 06/30/2023	% Enrolled	% Using Loans	% Using Pell
Total Number of students : 58			79%
24 and under		30%	59%
25-34		42%	87%
35-44		18%	90%
45-54		5%	67%
55 and over		5%	100%
Black or African American		2%	100%
Hispanics of any Race		15%	88%
Caucasian		80%	61%
Asian		4%	50%
Female 43		77%	79%
Male 13		23%	77%

Healing Mountain Massage School (SLC) - 1200 Day Cohor			
Cohort of Students enrolled: 07/01/2022 to 06/30/2023	% Enrolled	% Using Loans	% Using Pell
Total Number of students : 8			57%
24 and under		13%	0%
25-34		25%	100%
35-44		50%	75%
45-54		12%	0%
55 and over		0%	0%
Black or African Amercian		12%	0%
Hispanics of any Race		13%	0%
Caucasian		75%	57%
Asian		0%	0%
Female		75%	57%
Male		25%	0%

Healing Mountain Massage School (SLC) - 1200 Evening Cohort			
Cohort of Students enrolled: 07/01/2022 to 06/30/2023	% Enrolled	% Using Loans	% Using Pell
Total Number of students : 7			57%
24 and under		43%	0%
25-34		43%	100%
35-44		0%	0%
45-54		0%	0%
55 and over		14%	100%
Black or African Amercian		0%	0%
Hispanics of any Race		14%	0%
Caucasian		72%	80%
Asian		14%	0%
Female		86%	57%
Male		14%	0%

Cohort of Students enrolled: 07/01/2022 to 06/30/2023 % Enrolled % Using Loans % Using Pell

Healing Mountain Massage School (OREM) - 900 Day Cohort			
Cohort of Students enrolled: 07/01/2022 to 06/30/2023	% Enrolled	% Using Loans	% Using Pell
Total Number of students : 34			68%
24 and under		43%	64%
25-34		39%	71%
35-44		5%	0%
45-54		13%	100%
55 and over		0%	0%
Black or African Amercian		0%	0%
Hispanics of any Race		9%	33%
Caucasian		85%	72%
Asian		6%	50%
Female		74%	68%
Male		26%	67%

Healing Mountain Massage School (OREM)- 900 Evening Cohort			
Cohort of Students enrolled: 07/01/2022 to 06/30/2023	% Enrolled	% Using Loans	% Using Pell
Total Number of students : 50			66%
24 and under		46%	57%
25-34		44%	77%
35-44		8%	50%
45-54		0%	0%
55 and over		2%	100%
Black or African Amercian		0%	0%
Hispanics of any Race		26%	69%
Caucasian		72%	64%
Asian		2%	100%
Female		86%	65%
Male		14%	71%

Satisfactory Academic Progress for Receipt of Funds

The Healing Mountain Massage School catalog provides information regarding the criteria for measuring satisfactory academic progress, and how a student who has failed to maintain satisfactory progress may reestablish eligibility for federal aid.

Refund Policy

The Healing Mountain Massage School catalog provides information regarding the return of Federal Student Aid funds when a student withdraws from school, information about the refund policy to which the school must comply, and the requirements for officially withdrawing from the school.

Financial Aid Code of Conduct

An institutional financial aid professional is expected to always maintain exemplary standards of professional conduct in all aspects of carrying out his or her responsibilities.

- Gifts from lenders and other entities in the student loan industry to financial aid administrators or other institution employees that deal with student loans are prohibited. The gift ban allows the provision of standard information related to loans or financial literacy, food, refreshments, training or informational material furnished as part of training, favorable terms, conditions, and borrower benefits on an educational loan, exit counseling services to meet an institution's requirements, and philanthropic contributions that are unrelated to educational loans, provided that the contribution is disclosed.
- An employee of the financial aid office cannot accept from any lender or affiliate of a lender any fee, payment, or other financial benefit (including the opportunity to purchase stock) as compensation for consulting.
- Revenue sharing arrangements are banned.
- A lender shall not provide any assistance with call center staffing or financial aid staffing, except for providing professional development training for financial aid administrators, providing educational counseling materials, providing financial literacy materials, or providing debt management materials to borrowers if the identification of the lender is given. Staffing may be provided on a short-term, non-recurring basis to assist the institutions during emergencies, including natural disasters.
- The school shall not request or accept from any lender any offer of funds, including opportunity pools, to be used for private educational loans to students in exchange for the school providing concessions or promises to the lender with respect to a specified number of loans or loan volume.
- An officer, employee or agent employed in the financial aid office shall not serve on advisory councils. Lenders may seek advice in order to improve products or services for borrowers, including through telephone or electronic means or a meeting, provided there are no gifts or compensation. Exceptions are made for an officer, employee or agent who is not employed in the financial aid office and does not otherwise have responsibilities with respect to educational loans.

Preferred Lender List, Preferred Lender Arrangements, Preferred Lender Arrangement Report

Healing Mountain Massage School participates in the US Direct Loan program. There are no lender arrangements made or preferred lender list requirements for schools participating in the Direct Loan program.

Private Education Loans

Students may take out private education loans from a lender of their choosing. Healing Mountain Massage School does not provide any information or suggestions for lenders.